

APRIL 2024 MIDDLE SCHOOL BREAKFAST MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
APRIL 1 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 2 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	APRIL 3 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 4 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	APRIL 5 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
APRIL 8 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 9 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	APRIL 10 NO SCHOOL	APRIL 11 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	APRIL 12 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
APRIL 15 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 16 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	APRIL 17 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 18 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	APRIL 19 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
APRIL 22 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 23 NO SCHOOL	APRIL 24 Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 25 Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk	APRIL 26 Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk
APRIL 29 Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	APRIL 30 Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk			

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AVAILABLE DAILY:

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk or fat free chocolate milk

DAILY ALTERNATE ENTREES

Overnight Oats

Assorted Breakfast Breads: may include banana, pumpkin or blueberry

WG Muffins: may include blueberry, chocolate chip or banana

Yogurt Parfait

Additional WG offerings may include mini pancakes, mini French toast or mini bagels

Assorted WG cereal may include WG Cheerios, WG Rice Chex, WG Honey Nut Cheerios, WG Cinnamon Chex, WG Cinnamon Toast Crunch, WG Cocoa Puffs

100% Fruit Juice: may include 100% apple, 100% orange, 100% grape or 100% fruit punch

M-W: Bagel with cream cheese

T-W-TH: Choc Chip Benefit Bar or Banana Benefit Bar

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**